### **Personal Care**

#### Personalized Care Your Way ...

Our CareHearts are dedicated to providing compassionate support, helping you maintain independence, dignity, and confidence within your home and community.

# Key Service Highlights

- **Bathing & Showering** Promoting cleanliness and reducing infection risks with expert personal care.
- **Toileting & Incontinence Care** Offering dignified support to prevent infections, skin issues, and falls.
- **Meal Preparation** Tailored meal planning, feeding assistance, and companionship at mealtime
- Transfer & Ambulation Assistance Safe support with movement and mobility aids to enhance independence.
- **Medication Reminders** Ensuring medications are taken on schedule for peace of mind.

## Unlock Exclusive Membership Benefits

Your VIP Membership unlocks access to a vibrant Careclusive Caremunity, where you feel connected, appreciated, and celebrated with community resources, joyful activities, and additional perks.



# Experience The Caremosphere Difference in Caregiving

Caremosphere is top-tier in Care Management, delivering unmatched, quality-driven concierge services tailored to your needs. With our team of CareHearts creating meaningful connections in every moment, we ensure you feel supported, valued, and cared for at the highest level.

# **Your Next Steps**

**Quick Start Card** 

- Speak with a Care Solutions Specialist: Discuss your care needs, explore your options, and schedule a complimentary assessment.
- Face-to-Face Assessment: A CareHeart Clinician will complete your face-to-face assessment and design a customized CareMap—your personal care plan.
- Connect with Your Care Navigator: They will serve as your main point of contact, ensuring every aspect of care is coordinated—matching you with the perfect CareHeart from the start.

Now that you've seen what Caremosphere has to offer, there's only one thing left to do—connect with a Care Solutions Specialist and take the first step to receiving concierge care.

#### **Start the Conversation!**

Call Our CareConnect Line at (800) 666-8865

**CAREMOSPHERE**